

MANITOBA OSTOMY PROGRAM
2025 Rural Clinic Schedule

BEAUSEJOUR

LOCATION:

Beausejour Primary Health Care Clinic
151 First St. S

CALL TO BOOK APPOINTMENT:

204-940-2341

DATES:

Tuesday, March 11

TIME:

9:00 a.m. – 1:00 p.m.

BOISSEVAIN

LOCATION:

Boissevain Health Centre
305 Mill Road

Enter through front entrance, then go through the clinic waiting room to the hallway past the lab, Clinic will be 2nd or 3rd last door on the right hand side of the hallway.

CALL TO BOOK APPOINTMENT:

204-578-4205

DATES:

Tuesday, April 15

Tuesday, November 4

TIME:

10:00 a.m. – 2:00 p.m.

10:00 a.m. – 2:00 p.m.

DAUPHIN

LOCATION:

Dauphin Regional Health Centre
3rd Floor
625 3 St SW

CALL TO BOOK APPOINTMENT:

204-578-4205

DATES:

Tuesday, March 5
Wednesday, March 6

TIME:

10:00 a.m. - 4:00 p.m.

9:00 a.m. - 2:00 p.m.

Tuesday, June 3

Wednesday, June 4

10:00 a.m. - 4:00 p.m.

9:00 a.m. - 2:00 p.m.

Tuesday, September 2

Wednesday, September 3

10:00 a.m. - 4:00 p.m.

9:00 a.m. - 2:00 p.m.

Tuesday, December 2

Wednesday, December 3

10:00 a.m. - 4:00 p.m.

9:00 a.m. - 2:00 p.m.

GIMLI

LOCATION:
Gimli Community Health Centre
Community Health Office Reception desk
120 6 Ave

CALL TO BOOK APPOINTMENT:
204-940-2341

DATES:
Tuesday March 4
Tuesday June 10
Tuesday November 4

TIME: 9:30 a.m. – 1:00 p.m.

MELITA

LOCATION:
Melita Clinic
147 Summit St

CALL TO BOOK APPOINTMENT:
204-578-4205

DATES:
Thursday, June 12

TIME:
10:00 a.m. – 2:00 p.m.

PORTAGE LA PRAIRIE

LOCATION:
Portage District General
Hospital ACC Department
524 5 St SE

CALL TO BOOK APPOINTMENT:
204-940-2341

DATES:
Wednesday January 22
Wednesday April 30
Wednesday September 10
Wednesday November 19

TIME:
9:30 a.m. – 1:00 p.m.

RUSSELL

LOCATION:
Russell District Health Centre
427 Alexandria Ave
Please park on North side of building, use the
Dialysis entrance, clinic will be held in Dialysis Clinic

CALL TO BOOK APPOINTMENT:
204-578-4205

DATES:
Tuesday, April 1
Thursday, November 6

TIME:
10:00 a.m. – 2:00 p.m.
10:00 a.m. – 2:00 p.m.

SELKIRK

LOCATION:
Selkirk & District General Hospital
120 Easton Drive

CALL TO BOOK APPOINTMENT:
204-940-2341

DATES:
Tuesday February 4
Tuesday November 25

TIME:
9:00 a.m. – 1:00 p.m.

STEINBACH

LOCATION:
Steinbach Quick Care Clinic
Room 1
Unit 200 – 381 Stonebridge

CALL TO BOOK APPOINTMENT:
204-940-2341

DATE:
Tuesday January 28
Tuesday April 1
Tuesday December 2

TIME:
9:00 a.m. – 1:00 p.m.

SWAN RIVER

LOCATION:
Swan Valley Primary Care Centre
1000 Main Street

CALL TO BOOK APPOINTMENT:
204-578-4205

DATES:
Thursday March 20
Friday, March 21

TIME:
9:00 a.m. – 4:00 p.m.
9:00 a.m. – 1:00 p.m.

Thursday, September 4
Friday, September 5

9:00 a.m. – 4:00 p.m.
9:00 a.m. – 1:00 p.m.

THE PAS

LOCATION:
St. Anthony's Hospital 67 1st
Street W.

CALL TO BOOK APPOINTMENT:
204-940-2341

DATES:
May 26-27
September 15-16

TIME: **This clinic date and time may change slightly depending on flight schedules. You will be contacted closer to clinic date to confirm clinic date and time.

THOMPSON

LOCATION:
Thompson Clinic
50 Selkirk Avenue

CALL TO BOOK APPOINTMENT:
204-940-2341

DATES:
October 7-8

TIME: **This clinic date and time may change slightly depending on flight schedules. You will be contacted closer to clinic date to confirm clinic date and time.

WINKLER

LOCATION:
C.W. Wiebe Medical Clinic
385 Main Street

CALL TO BOOK APPOINTMENT:
204-940-2341

DATES:
Tuesday February 25
Tuesday May 6
Wednesday October 21

TIME:
9:30am-1:00pm

Please Note

- All clinic sites are scent-free. Kindly avoid the use of any personal care products with fragrances on the day of your appointment. Your cooperation is appreciated.
- Clinic appointments are 30 minutes long and are booked in advance. Please call the number provided on the schedule to book your appt.
- Your appliance will be removed at the appointment, so please bring a change of your appliance with you.
- Clinic dates may be subject to change or cancelled due to unforeseen circumstances, such as low attendance or poor weather conditions. You will be called about the cancellation if you have an appointment booked for that particular day.
- If you need to cancel or re-book your appointment please call the number listed with your clinic area.

MBTelehealth Services

MBTelehealth provides Manitobans access to health services through the use of secure technologies while overcoming the barriers of distance, time and expense. If you are interested in booking a telehealth appointment, please contact the NSWOC nurses in Winnipeg at 204-938-5757 or Brandon (Prairie Mountain Health clients) at 204-578-4205 to book your telehealth appointment.

Virtual Appointments

We are pleased to offer virtual appointments as an alternative way of connecting with an MOP NSWOC nurse. Virtual appointments allow you the comfort, flexibility and safety of staying in your own home for your ostomy assessment. Virtual appointments occur via an internet connection between the client and clinician. There are some basic computer requirements (computer with video capabilities, speaker and internet access) to book a virtual appointment, so please call us to discuss if this appointment method is the right choice for you.

Ostomy Manitoba Association-OMA (formerly Winnipeg Ostomy Association)

Ostomy Manitoba Association (OMA) has been a non-profit registered support group run by volunteers on behalf of Manitoba ostomates since 1972. OMA offers monthly support meetings, a newsletter *INSIDE/OUT*, a *website*, ostomy youth camp sponsorships, and collects donations of unused ostomy supplies. For years, collaboration between *Ostomy Manitoba and the Manitoba Ostomy Program (MOP)* has provided a group of certified trained visitors who offer support, encouragement and hope for new patients following surgery.

OMA holds peer support meetings from September through May on the fourth Wednesday of the month at 7:30 pm. You are invited to join the meetings either in person at the Manitoba Possible building located at 825 Sherbrook street or online via Zoom. Instructions for joining the meetings will be posted on the website prior to each meeting at www.ostomymanitoba.ca. For more information, email Lorrie Pismenny (Ostomy MB President) at pis_mel@outlook.com or you can call Ostomy Manitoba at Tel: 204-237-2022. *****For MOP file closures or changes in client status within MOP, do not call OMA; please call the Manitoba Ostomy Program (MOP) nursing office directly at 204-938-5757.**